The Robert Larner, MD College of Medicine at the University of Vermont and the Western Connecticut Health Network

“The walls between our borders have diffused, and our many voices merged into one: that which advocates for the voiceless”

Majid Sadigh, MD
It’s hard to believe that the Global Health Program at the University of Vermont Robert Larner, M.D. College of Medicine/Western Connecticut Health Network is already entering its sixth year. During this short time, it has gained national and international recognition as a leader in global health and medical education. As active members of the Consortium of Universities in Global Health, our program delegates serve as keynote speakers, subcommittee members, and poster presenters at the annual conference. In 2017, we established ourselves as our own unique brand in global health focused on humanism, bidirectionality, and respect, centered on one overarching theme: to advocate for the voiceless.

All our programs have flourished through our esteemed expanse of partnerships with prestigious medical universities and institutions, as well as community organizations and hospitals around the world- in the Dominican Republic, Russia, Uganda, Vietnam, and Zimbabwe. Toward our central goal of capacity building around human resources and medical education, we host and train over fifteen international guests from our partner sites every year. We are grateful for the meaningful relationships cultivated with all our program participants, from our students hosted by our partners to our partner’s students hosted here at home. As instruments of change in their medical education departments, hospitals, and communities, these alumni can now contribute to the communities that impacted them so deeply during their global health rotations.

Moving forward into this next era of our program, we hope to conjoin all our resources as a unified force with which to positively impact underserved communities here at home and abroad through bidirectional exchange, respect, and trust. Our collectively gained momentum can be used to incite significant movement. We have already used our resources to carry out a number of meaningful research projects focused on community health and development.

We are indebted to the devotion of our national and international partners- medical students, residents, faculty, and community members- all of whom have been instrumental in shaping our philosophy and helping the program flourish in such a short period of time. They stand by us, and we by them. Uniting in the goal of advocating for the underserved has infused remarkable energy into the program. The walls between our borders have diffused, and our many voices merged into one: that which advocates for the voiceless.

Majid Sadigh, MD
Trefz Family Endowed Chair in Global Health at WCHN and Director of Global Health at UVMLCOM

My family and I are proud to support WCHN’s Global Health Program, specifically through the Christian J. Trefz Family Endowed Chair held by Dr. Majid Sadigh who is an extraordinary leader. As avid supporters of global and local healthcare, my family can inherit no finer legacy. I encourage others to invest in this program whose many members are involved in incredibly compassionate and awe-inspiring work. Philanthropy impacts our global partners in the Dominican Republic, Russia, Uganda, Vietnam, and Zimbabwe while enhancing the WCHN teaching program by ensuring that our future physicians and clinicians are prepared to diagnose and treat global diseases, and that they do so with great compassion.

Christian J. Trefz
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Without a doubt, our Global Health Program is going the distance and reaching new heights in caring for the world’s neediest populations while offering physicians in training, medical students and our teaching faculty life-changing experiences. Celebrating its sixth year, our respected program has grown from its early vision and limited offerings into a well-established and widely respected global initiative – one that has exceeded expectations and promises to continue to evolve in the years ahead.

Thanks to the extraordinary leadership of Dr. Majid Sadigh, the program has made impressive strides in expanding its global footprint. True to its mission, the program is a two-way exchange offering an unparalleled opportunity for caregivers to diagnose, treat and alleviate suffering in culturally diverse and resource-limited countries. Through vigorous capacity building efforts, the program now trains 20 international colleagues annually who are dedicated to supporting the program’s mission. Additionally, the program has forged valuable international partnerships. For example, working with the African Community Center for Social Sustainability and Nakaseke District Hospital in Uganda, participants exchange knowledge and expertise in managing health epidemics such as maternal mortality. As a result, new health screenings and health education programs for Ugandan women and children were launched to help optimize health by preventing illness and disease. We’re proud to recognize the academic attributes of our global health leadership who, on a national and international level, serve as renowned keynote speakers, presenters and moderators at prestigious medical education conferences sharing insights and expertise on global health issues.

As the Christian J. Trefz Family Endowed Chair in Global Health, Dr. Sadigh is helping shape the future of global health opportunities for interested residents and faculty. With celebrated academic collaborations with Makerere University College of Health Sciences in Uganda, University of Vermont, Ross University School of Medicine, American University of the Caribbean and Sacred Heart University – I can’t think of a better way to ensure that the next generation of physicians, physician assistants and nurse practitioners receive world-class clinical training. With unique opportunities to practice medicine in Uganda, Zimbabwe, Russia, Vietnam and the Dominican Republic, participants learn firsthand how to save lives and alleviate suffering despite limited access to basic necessities, medications, supplies and diagnostic equipment – something we often take for granted.

I am confident you will agree after reading this year’s annual report – thanks to the collective contributions of all those involved in our Global Health Program – that we are justifiably proud to be educating the type of doctors today’s patients need – physicians who are compassionate and capable clinicians, intelligent listeners and critical thinkers.

Pierce Gardner, MD
Senior Advisor at the Global Health Institute at Stony Brook University

I continue to be impressed that a group of community-based hospitals could so quickly mount a robust global health program rooted in the virtues of bilaterality, diversity, and even academics, as global health is now an integral part of the medical education curriculum. The UVMLCOM/WCHN Global Health Program now ranks with the best in the country, serving as a model for others to emulate. Mega congratulations!

Nelson Sewankambo, MBChB, MSc, MMED, FRCP
President of the Uganda National Academy of Science

Congratulations on developing a global health program of such high standards in such a short period of time that engages so many students, residents, and faculty members from both the United States and international partner institutions. Continue with these dedicated efforts, and the sky is the limit.
Our prime mission at the University of Vermont Larner College of Medicine is the education of the next generation of physicians. The Global Health Program opens educational opportunities to medical students and residents that deeply enrich their clinical learning in ways that would not otherwise be possible. We believe it is important for our students and faculty to be more than just “medical visitors” in their global health experiences. With its deep and continuing connections across the globe, this program has provided participants with meaningful, enriching opportunities to serve and learn.

These global health opportunities are increasingly sought out by medical school applicants. Our first-year students arrive here eager to broaden their learning through global health experience, and to pursue research and scholarly work in the field. Our growing clinical education partnership with Western Connecticut Health Network will only serve to increase these opportunities for our students and faculty members in the future.

Led by Dr. Majid Sadigh, the Christian J. Trefz Family Endowed Chair in Global Health at Western Connecticut Health Network, this program has fostered strong relationships with our colleagues around the world in the Dominican Republic, Russia, Uganda, Vietnam, and Zimbabwe. These connections are the groundwork for collaborations that will serve all our medical students, residents, and faculty as they become the physicians and global health leaders of the future. I have been deeply appreciative of our role in this effort throughout my deanship of the University of Vermont Larner College of Medicine.
This past year, we witnessed the success of the UVMLCOM/WCHN Global Health Program in helping define the humanitarian and professional values of the WCHN medical education programs. Students, residents, fellows, and faculty increasingly recognize global health as an integral part of our educational mission and participate in it either through experiences abroad at our partner sites or interactions with visiting faculty from those sites who are hosted at our hospitals. Moreover, our graduates are incorporating global health into their career endeavors. The sophistication of the program in regard to achieving bidirectional aims in education, patient care, sustainability, and safety is reflected and shared by the academic output of our global health participants through peer-reviewed publications and international conference presentations. These achievements place our program at the forefront of global health programs and set the stage for even greater things to come. Congratulations to the leadership and staff for a banner year of accomplishments.

Jonathan Fine, MD
Director of Medical Education at Western Connecticut Health Network (WCHN)

This past year, we witnessed the success of the UVMLCOM/WCHN Global Health Program in helping define the humanitarian and professional values of the WCHN medical education programs. Students, residents, fellows, and faculty increasingly recognize global health as an integral part of our educational mission and participate in it either through experiences abroad at our partner sites or interactions with visiting faculty from those sites who are hosted at our hospitals. Moreover, our graduates are incorporating global health into their career endeavors. The sophistication of the program in regard to achieving bidirectional aims in education, patient care, sustainability, and safety is reflected and shared by the academic output of our global health participants through peer-reviewed publications and international conference presentations. These achievements place our program at the forefront of global health programs and set the stage for even greater things to come. Congratulations to the leadership and staff for a banner year of accomplishments.

Jonathan Rosen, MD
Director of Undergraduate Medical Education
Associate Dean University of Vermont Robert Larner College of Medicine (UVMLCOM) at Western Connecticut Health Network (WCHN)

The evolution of WCHN from an affiliate site to a major branch campus of UVMLCOM is well underway. In preparation for creation of the branch campus, we have been defining the unique qualities and strengths of the Connecticut campus that will be the key elements of the WCHN experience.

From the moment the Branch Campus was envisioned, it was clear that the Global Health Program would be one of its defining features. Dr. Sadigh, whose vision has made ours one of the best global health programs nationally, is consistent in reminding us that global health education teaches students the important roles that cultural, environmental, and historical factors play in healthcare. In addition, he reminds us that global health exposure reinvigorates the ideals that initially led students and physicians into medicine.

The bidirectional exchange of learners and practitioners is a defining aspect of the Global Health Program. Hosting visiting scholars from our international partner sites at WCHN ensures that all program members participate in and benefit from mutual exchange. This year, we are launching a program that will give medical students a formal role as “ambassadors” to visiting scholars from international sites whereby they will help our guests not only see what is happening in our hospital wards and clinics, but also experience the richest aspects of American culture.
What a privilege it is to be part of the Global Health Program! As the financial landscape in most hospitals becomes increasingly challenging, so does acquiring the fiscal resources to fund global health initiatives. Demands such as technical transfiguration and government and compliance requirements drain both manpower and finances. To ensure the highest level of care for their patients, hospitals are pursuing key strategic imperatives through as alliances and associations with other organizations.

We are thankful for the philanthropic and moral support of the Trefz family, the insightful guidance of Dr. John Murphy and Dean Frederick Morin, the dedicated work of volunteers at home and abroad who donate their resources to the program, the physicians who share their expertise in educating participants, and the coordinators around the world who effectuate our global health movement of bringing health equity to our communities. We thank all of you for breathing life into this program.

Though maneuvering finances across international borders can be difficult, our passion for global health emanates unconditionally. We choose to work together in the spirit of compassion, consideration, and empathy toward accomplishing our shared objectives. I am confident that the unquestioning, energetic, and resilient devotion we have developed toward one another gives us a wealth of support needed to complete our next venture. God Bless!

Stephen Winter, MD
Director of the UVMLCOM/WCHN Global Health Program at Norwalk Hospital

During the past year, we have greatly broadened capacity building in international sites via deployment of UVMLCOM/WCHN senior faculty who serve as lecturers and bedside teachers. Student and resident preparation for global health electives has also been expanded through pre-departure curriculum in tropical diseases as well as learning opportunities in global health ethics.

This growing component of our program was staged in a first-time panel of residents and faculty who presented practical dilemmas and ethical issues surrounding patient care, derived from real experiences with our global partners. We have also implemented a monthly web-based forum of ethical dilemmas in global medicine driven by the commentary of senior faculty from both the Global North and South, a newfound platform that has incited dialogue in the entire WCHN global community.

The 2017 academic year has been characterized by growth, innovation, and strengthening of our commitment to relationships as defined by mutual respect, a shared vision, and the desire to listen to and learn from one another.

The Global Women’s Health Program has truly flourished over the last year. UVMLCOM participants have rotated in several of our partner sites in Uganda, including the MakCHS Department of Obstetrics and Gynecology and associated hospitals, the African Community Center for Social Sustainability (ACCESS), and Nakaseke District Hospital. While UVMLCOM faculty regularly visit MakCHS to practice and teach, we have had the fortune of hosting many talented MakCHS junior OB/GYN faculty who make meaningful contributions to our program.

Capacity building projects have also expanded at each of our partner institutions. Included among these projects is construction of a computer lab and establishment of a laparoscopic gynecological surgery program at the MakCHS OB/GYN Department, launching of the UVMLCOM-MakCHS OB/GYN Joint Didactic series, and development of an ongoing UVMLCOM-ACCESS family planning research project.

We are currently developing another partnership with MakCHS to launch the first Maternal Fetal Medicine Fellowship in East Africa which aims to enrich obstetric skill and cultivate a cadre of highly qualified consultants available to other obstetric providers. Furthermore, program graduates will comprise the core of a burgeoning movement at ACCESS and Nakaseke District Hospital in Uganda. As one of the largest maternity hospitals in the region with a comprehensive obstetric training program already in place, MakCHS is an ideal site for this program. We are absolutely thrilled to be partnering for this endeavour.
As is often the case with global health electives, participants gain so much from their time abroad that they often come home feeling that what they were unable to sufficiently give back. The key to resolving this dissonance is remembering that these experiences shape their future careers, and that many will ultimately become patient advocates for the underserved and help transform health policy at home and abroad.

We are truly blessed and privileged to be able to provide our residents with an outstanding global health opportunity normally only available to trainees at large universities and academic medical centers.

Through interactions with international guests, our residents gain an appreciation for the many capabilities of our medical system as a result of contrasts between medical care in the United States and in the home country of visiting physicians. This appreciation encourages our residents to invite others to share and learn alongside them. In the spirit of invitation and inclusivity, we welcome new ideas and perspectives and gladly work alongside medical professionals from near and far who share this desire to improve patient care.

I truly believe it is this bond of hospitality, sharing, and connection that makes our program so strong. In reaching out and connecting with physicians from across the world with a genuine sense of familiarity, we form a global health family. If you carry love and passion for something, you will find like-minded people no matter where you go. For me, medicine and travel allow me to give back what I have gained in this world.

After several years of partnership with WCHN, Sacred Heart University’s College of Health Professions has added their Physician Assistant Studies Program to the team. As the first wave of participants, four of our students completed a four-week rotation in Kampala, Uganda as part of a clinical elective course. Among the most successful aspects of the experience were the quality of teaching at Mulago and St. Stephen’s Hospitals and the homestay experience with Reverend Dr. Samuel Luboga and Mrs. Christine Luboga. Our students were impressed with the skill and knowledge of the physicians, as well as the extent to which the physicians engaged with them via dialogue to help improve their understanding of medical topics. Meanwhile, the homestay experience helped our students assimilate into the culture and more deeply appreciate life in Kampala. All our students feel that the program provided a truly life-changing experience.
Joanna Conklin
Global Health Program Coordinator at the WCHN

In preparing for hosting international scholars and physicians at Danbury Hospital, I always have butterflies in my stomach from the simultaneous excitement of meeting new friends and trepidation about how they will adjust not only to our culture and healthcare system, but also to being so far from home. This anticipation, however, is ameliorated by a wave of ease and comfort within moments of meeting. We are lucky that the individuals who choose to join our global health family are among the most generous, friendly, and compassionate people in the world. I am honored to have the opportunity to support such a phenomenal program.

Mary Shah, MLS AHIP
Medical Librarian and Archivist

It is an honor to serve on the Global Health Steering Committee. From providing professional research of literature to proofreading papers, finding thought-provoking articles to writing inspirational emails to those abroad, managing social media accounts to updating reading suggestions of the literature in countries in which our scholars reside, the job description of a medical librarian is as fluid as the needs of those served. This past year, I also reviewed Hinari information in preparation for a visit to the Dominican Republic where I will be facilitating training in the online platform. I am proud to be involved in this global health program that makes such a meaningful difference in the lives of students, healthcare professionals, administrators, and most importantly, patients and their loved ones.

Laura Smith
Global Health Program Coordinator at the WCHN

Our global health program participants are given an incredible opportunity to observe and learn through experiences that challenge them to step out of their comfort zones by immersing in another culture while remaining open and suspending judgment. In so doing, they emerge with a renewed sense of purpose stemmed in the understanding that there are numerous ways in which a situation can be approached. Their written reflections speak to the power of the global health experience and the ways in which it will continue to set the tone for their careers in healthcare by enhancing their desire to reconnect with humanity. It’s rewarding to feel that my coordination efforts play a role in this endeavor. I look forward to continued building of richly dynamic and compelling connections as we all strive for better tomorrows.

Moira Barber
Coordinator, Undergraduate Medical Education, Norwalk Hospital

The global health scholars we host are so warm and appreciative of any help and guidance that is provided them. My role in the global health program has given me an enriching opportunity to meet people from all over the world who come to live and work among us here at Norwalk Hospital.
I am ready to be challenged and pushed outside my comfort zone, and to return to the clinical setting. Having extended beyond my initial concept of “getting to travel and be a physician,” my interest in global health now involves attempting to reduce health disparities and inequity through fostering global dialogue and knowledge exchange. I’m incredibly excited to have the opportunity to learn and grow as a future physician.

Dr. Katherine Wang ’17

The Global Health Leadership Team’s vision and commitment to global health education and scholarship is among the brightest of beacons in interdisciplinary work transpiring at the UVMLCOM. Increased faculty involvement has allowed refinement and expansion of many program facets, as evident in the rise of global health elective applicants and positive feedback from program alumni. The growth of our program this year has been truly inspiring.

As future leaders in medicine, UVMLCOM students are the driving force behind much of what we do. Their commitment to becoming the highest-quality physicians will prepare them to confront challenges in a compassionate, knowledgeable, and ethical manner. As faculty, it is our responsibility to help develop their interests while reminding them of the great global need that can inspire their future contributions through service, education, research, or policy.

Meanwhile, we continue to solidify the relationship with our colleagues in Danbury and Norwalk as we unite around a common vision. Our personal friendships are sure to bridge the physical separation of a distant branch campus. I am excited for continued alignment of opportunities with the mission of the Global Health Program. I envision a future with longitudinal curriculum, opportunities for learning and exchange, and mentorship available to all participants at home and abroad. I am thankful to be part of such a talented and caring team. Together, we most certainly can provide a top-notch medical education.

Global Health Annual Report 2017
This year, eleven first-year medical students participated in the “Introduction to Global Health” course and summer international health elective through which students traveled to partner sites in the Dominican Republic, Russia, Uganda, Vietnam, and Zimbabwe to participate in a variety of clinical and public health experiences. In preparation for the global health electives, students underwent biweekly didactic sessions with global health faculty on a variety of topics including cultural humility, global health ethics, global women’s health, humanitarian emergencies, and fever in the returned traveler.

New this year was a global health simulation session, prepared with the help of students and residents and held during the annual global health elective preparation bootcamp, whereby students were presented with three cases from the wards based on challenges experienced by previous participants. Perhaps our most exciting development was the designing of a formal scholarly pathway in global health at UVMLCOM, supported by the 2017 Teaching Academy Curriculum Development and Scholarship Grant.

As faculty, it is our responsibility to help develop their interests while reminding them of the great global need that can inspire their future contributions through service, education, research, or policy.

Mariah McNamara, MD

Throughout my first full year as the Global Health Program Coordinator at the UVMLCOM, I have greatly enjoyed working with our international colleagues as well as students, residents, and faculty to facilitate electives and site-visits both to and from our partner sites. The more we connect, the stronger our partnerships become. Through supporting the Global Health Leadership Team, I have been truly inspired by their hard work and dedication to global health and continual improvement of the program. With their dynamism, our program is sure to be “second to none!”

Audree Frey
Global Health Program Coordinator at the UVMLCOM
The Global Health Program provides participants with a unique opportunity to engage in global health work that emphasizes sustainability and reciprocity by reconnecting with the true roots of medicine and cultivating passion for empathy and clinical advancement. Every international host site exposes participants to a wide array of clinical cases while the supplementary sociocultural curriculum allows further connection with the local culture. Those who experience the homestay model are able to delve even deeper into the cultural underpinnings of the region and garner a better understanding of the landscape of the country, people, and patients that they serve. Ultimately, the global health rotation is a chance to confront the pressing inequities of healthcare, release judgment, and redefine what it means to be a teacher and healer.

**Our Partner Sites**

**Dominican Republic**
- Universidad Iberoamericana
- Hospital General Regional de la Plaza de la Salud
- Hospital Universitario Maternidad
- Hospital Vinicio Calventi
- Instituto Dominicano de Cardiología
- Nuestra Señora de la Altagracia

**Uganda (cont)**
- St. Stephen’s Hospital
- St. Francis Naggalama Hospital
- Mbarara University of Science and Technology

**United States**
- University of Vermont Larner College of Medicine
- Western Connecticut Health Network
- Sacred Heart University

**Vietnam**
- Cho Ray Hospital

**Zimbabwe**
- University of Zimbabwe College of Health Sciences
Physicians and health professionals from international partner sites trained in the United States in 2017

UVMLCOM/WCHN faculty, residents, and medical students participated in the Global Health Program in 2017

First- and fourth-year UVMLCOM students completed global health rotations in 2017

Weeks that faculty, residents, and medical students from the United States spent at partner sites for global health rotations

Weeks that global health leaders and scholars from around the world spent on visits and global health rotations in the United States
Universidad Iberoamericana is committed to helping our country and its communities prevent disease and improve quality of life. “We cannot help all the people, but we can certainly impact a number.” With partners like the UVMLCOM/WCHN Global Health Program walking alongside us in shared objectives, success is imminent.

The opportunity to interact with amazing people from a variety of cultural backgrounds, belief systems, professional skills, and academic expertise has been the most enriching component of our partnership with the UVMLCOM/WCHN Global Health Program. These interactions and the relationships built from them have helped us grow in our view of our own lives as well as the ways in which we can impact the lives of others.

Partnering with the UVMLCOM/WCHN Global Health Program has given the UNIBE School of Medicine a wonderful opportunity to integrate the global health concept into the vision and mission of the institution. Through this partnership, we have learned how to passionately and enthusiastically care for underserved communities while sharing our knowledge and expertise with visiting global health elective participants.

Additionally, implementation of the homestay model has given our visitors a meaningful opportunity to learn more about our culture and traditions, a perspective that is critical for growth of mind and heart toward becoming better human beings.
I can’t help but wonder if the residents here feel burned out from the long hours they work or the high volume of patients they see each day. How do they stay present? I haven’t yet had the chance to ask the residents, but perhaps they achieve this by focusing on the patients, as suggested by a handwritten sign taped to a board by the patient medical records:

Robert Paulino-Ramirez, MD, HIVS, DTM&H
Director of the Institute of Tropical Medicine and Global Health at Universidad Iboamericana (UNIBE) School of Medicine

Despite the many health challenges faced worldwide, the impact of compassion and warm attention reflects that we can go much farther than machines in providing a truly humanized health system, and that human care can go a long way in any setting, resource-rich or limited.

Jessica Huang, MD '17

I was moved by the kindness of supervising physicians, medical students, and most of all my host family who took care of me like one of their own. I want to continue working in global health in some capacity in the future, as well as working with the underserved here at home. Since I have yet to start my career, for now I plan to choose a specialty that will allow me to work abroad in resource-limited settings where I can make a meaningful contribution.

Jessica Huang, center, with the HUMNSA medical team

The Dominican Republic is a beautiful island with a rich history and colorful folklore that combines native Indigenous, African, and Spanish-European culture. Global health participants at UNIBE expand their knowledge of endemic diseases and gain a broader vision of global healthcare delivery in other parts of the world while learning about the Dominican culture, language, and belief systems, and the ways in which these factors impact the health-disease process and overall health outcomes. These important insights ultimately help participants better navigate new landscapes as physicians in the future.

Monica Rogers (first from right) with medical students from the Universidad Autonoma de Santo Domingo
February is the snowiest month in Russia. Though the land is covered in white, the sun promises an early spring and we will soon be greeted by green forests and fields. As we reflect on the things that warm our souls, let us recall our friends from the green state of Vermont! Psychologists proclaim that people associate the color green with life, hope, and calm. In thinking of the warmth of our colleagues at the Green Mountain State University, this statement rings true.

KSMU’s collaborations with a variety of international partners within the framework of the UVMLCOM/WCHN Global Health Program have been highly successful. These partnerships have given our students the chance to acquire meaningful personal and professional experiences in the Dominican Republic, Uganda, and the United States, as evident in their return from global health rotations with priceless intellectual and spiritual acquisitions. I hope that future participants we host in Kazan are able to enhance their knowledge and skills in a similar manner while also becoming acquainted with Russian and Tatar culture.

I deeply cherish the memories I have made with the many members of the UVMLCOM/WCHN Global Health Program. These individuals have committed valuable time and resources to coordinate the diversity of international connections. Let our friendship in the field of global health blossom with all colors!

KSMU’s six-week global health rotation offers extensive clinical rotations, basic and applied research projects, and unique socio-cultural programs for junior and senior medical students. Additionally, annual orientation sessions and courses in tropical and evidence-based medicine have inspired hundreds of KSMU students and residents as well as local physicians. Having reconsidered their roles in medicine, many attendees are now moved toward advocating for those in need. Furthermore, Global Health Program alumni are now impacting healthcare through their roles as young lecturers at KSMU and skillful clinicians at Kazan hospitals. These alumni have become truly mature physicians who acknowledge the full value of the medical profession: to care for people despite borders, politics, or personal interests.
Some of the strongest clinicians and educators with whom I have had the honor to work led our teams at Norwalk Hospital. One of the residents gave a thought-provoking presentation that sparked discussion among several physicians, one of whom was a visiting patient’s relative. This exchange of information among healthcare providers, patients, and relatives creates a strong support system for patients and their families, and constitutes a valuable facet that we need to incorporate, for the sake of those in need, into healthcare delivery at KSMU.

The global health philosophy is based on the recognition that there is no border in the world that humans or diseases cannot cross. In other words, a problem in one place affects people in another place. We should tackle healthcare problems together and learn from each other’s experiences. My work in coordinating grants and educational programs in the Office of International Affairs at KSMU allows me to explore differences while helping passionate individuals emulate this philosophy.
PARTNERS IN EDUCATION

The main objective of the International Office at MakCHS is to expose international students, as well as our own, to ways of living, working, and providing healthcare in settings different from those in their home societies, with the ultimate aim of improving and achieving health equity for all people worldwide.

Towards this cause, MakCHS has partnered with the UVMLCOM/WCHN Global Health Program through numerous faculty and student exchange activities in addition to research collaborations. This capacity building mechanism has greatly impacted the quality of training at the college, which in turn has contributed to the rising of the university’s rank to the fourth position in Africa. This ascent has been achieved through deliberate collaborative efforts such as adjunct appointment of faculty from UVMLCOM to MakCHS and vice versa, careful selection of supervisors for global health elective participants, and cooperative attention paid to the quality of their experiences.

I would like to commend the contributions of the global health staff from all three institutions as we celebrate the successes of our collaborative efforts over the past year. As we build for the future, we pledge even greater growth in our bidirectional capacity building and research outputs in the various specialties offered by all institutions.

We appreciate all the support from our collaborating partners. However, there is still need for support toward the changing mandate of the hospital. This is especially important now that the hospital is undergoing a major renovation project to facilitate the ability of physicians to provide the population of Kampala, Uganda and all of Sub-Saharan Africa with the highest-quality care.

Ponsiano Ocama, MD, MBChB, MMED, PhD
Associate Professor and Chair in the Department of Medicine at Makerere University College of Health Sciences (MakCHS)

Susan Byekwaso
Program Coordinator at Makerere University College of Health Sciences (MakCHS), Uganda

Cultural immersion has been key to the success of our global health program’s implementation. When immersed in the community, students are better able to appreciate the social aspects of health while establishing long-lasting relationships. All visitors are encouraged to work at Sanyu Babies Home, an orphanage in Kampala where they work with caretakers to care for abandoned infants. The popularity of the collaboration is evident by the increasing number of students, residents, and faculty from UVMLCOM/WCHN who are undertaking the global health elective at MakCHS!
Since the inception of the homestay model, we have welcomed countless participants from the UVMLCOM/WCHN Global Health Program into our home where they experience true cultural immersion. Mealtimes expose them to local cuisine, lessons in Luganda and sociocultural elements teach them about life in Uganda, and clinical experience opens their eyes to all manner of health problems and resource shortages. Dinnertime provides an important scaffold for in-depth discussion toward debriefing these experiences.

Furthermore, we serve as liaisons between participants and the greater community. The homestay concept is a unique approach that benefits participants, host family members, and community members alike. Ultimately, it improves health and health equity worldwide by exposing physicians-in-training to different approaches to healthcare while immersing them in cultures and belief systems different from their own.

Global health elective participants hosted at St. Stephen’s Hospital are involved in all manner of clinical activities including outpatient care, ward rounds, theatre, maternity care, and the laboratory. Meanwhile, they are also given the opportunity to educate the community by presenting on a variety of topics, from prevention of infectious diseases to improvement of nutrition, hygiene, and sanitation. Another hallmark of our site is the inclusion of participants in home visits whereby they experience home-based healthcare delivery in resource-limited settings.

My most valuable lessons learned while in Uganda were about patient interactions. I watched physicians be a calming and reassuring figure to frightened patients and their families. I watched them sit amicably at the bedside and listen to a patient while holding their hand. I watched in amazement as they unflinchingly tended to horrific wounds and ulcers. I observed their tireless patience and teamwork as they navigated the barriers of working in a country with more than forty recognized languages and a virtually non-existent medical records system. I respect their advocacy for financially appropriate treatment plans when families cannot afford more. I may not have learned as much textbook medicine as I had anticipated, but I certainly learned how to become a more skilled and complete physician. I will carry these lessons forward in my career and will try not to allow the desire for a definitive diagnosis to cloud my recognition of the patient’s humanity.

Katie Grenoble '20
The signing of the Memorandum of Understanding and subsequent preparing of the first group of global health elective participants was an exciting moment. We wanted to do it right from the beginning by assembling appropriate accommodations, implementing staff sensitization, and selecting focal persons to ensure participants’ smooth transition into our culture and way of life. Furthermore, the medical elective at St. Francis Naggalama Hospital was focused not only on providing clinical knowledge and experience, but also on broadening horizons through a unique cultural understanding that ultimately enriches medical training. We hope the shared experiences will make a lasting impact on participants by shaping their continued work in patient and community care.

Sister Jane Frances Nakafeero
Director of St. Francis Naggalama Hospital, Uganda

The concept of global health is as humbling as it is noble. On a personal level, it has taught me respect and appreciation for each patient while elucidating the sociocultural and economic barriers they face. On a professional level, it has deepened my role as a service provider by presenting the challenge of meeting a variety of health needs while maintaining professional standards. Furthermore, the UVMLCOM/WCHN Global Health Program has brought to light Naggalama Hospital’s potential to offer experiences that are essential to medical education. We look forward to continually growing this potential and further cultivating our relationship with our partners.

Simon Otim, MD
Medical Director of St. Francis Naggalama Hospital, Uganda

INSIGHTS INTO EMPATHY

While involvement and impact with local community is undeniably important, limiting ourselves to engagement with only the local community may also render our ideas, perceptions, and attitudes limited. Many of us have never had the opportunity to live outside our culture- to have our thoughts challenged and our perceptions changed, or to be in the minority. The ability to empathize, understand, and relate to patients is one of the most important components of medical education. Although this ability can be learned, practiced, and taught within a local community, the impact of living, integrating, and serving in another culture can provide incredible benefit.

Experiencing the ways in which other cultures relate to one another, seeing different expressions of empathy and communication, and being exposed to various perceptions of right and wrong all shapes us as people. It is easy to get lost in the idea that the local community is the only one that exists; the only one that matters. It is here, so present in front of us, and yet we so readily limit our worldviews, perceptions, and attitudes to our own “cultural bubble.” With this idea in mind, I quickly awakened to the myopic nature of my worldview. Global health provides us with an opportunity to enrich ourselves and those around us.

Nikolas Moring ’20
In 2017, an increasing number of medical students, residents, and physicians participated in daily inpatient ward rounds, surgeries, outpatient clinics, research projects, and community health fairs to bring health screening to neighboring communities. St. Francis Naggalama Hospital is also known for its palliative care outreach program through which staff members visit patients in a palliative care outpatient clinic and also travel to surrounding villages to provide in-home evaluations and treatment. These home visits provide participants with valuable experience and insight. Priding itself on its years of teaching physicians-in-training from around the world, St. Francis Naggalama Hospital is honored to be an integral member of the WCHN family.

Randi R. Diamond, MD and Howard Eison, MD
Site Co-Directors at St. Francis Naggalama Hospital, Uganda

I am certain that over time, the collaboration between ACCESS/Nakaseke Hospital and UVMLCOM/WCHN will yield unforeseen benefits throughout the communities comprising Uganda’s rural Nakaseke District.

Crossing continents in order to embrace new cultures, perceptions, and ideologies while learning to practice medicine in different settings makes global health a wonderful and inspiring discipline. Our partnership with the UVMLCOM/WCHN Global Health Program has been a beautiful golden bridge converging the understanding of cultural influences in patient management in rural settings in Uganda. Global health participants in Nakaseke are exposed to a holistic approach to patient management while following patients from the hospital into their homes in rural communities. Through the exchange of ideas and practices, patient services at ACCESS and Nakaseke Hospital have been greatly enhanced.

Jamidah Nakato
Former coordinator of the Makerere University/Yale University Collaboration

I realized that I could become part of the solution rather than continue to lament the problem; that I could address the problem myself and commit to understanding it. It was time for me to come out of the shadows and conduct my own research project. This was my chance to contribute to research as I had seen countless others do through the collaboration. I had the advantage of familiarity with the management field and experience working with the health sector. One does not need to be a physician to make a contribution to healthcare.
Cho Ray Hospital, a large urban hospital in the heart of Ho Chi Minh City serving the underprivileged, offers a wide range of clinical experiences that provides global health elective participants with meaningful educational experiences. Its faculty, many of whom have undergone training at WCHN, are excellent clinicians who are also familiar with the American medical education and healthcare systems.

Aside from allowing for the learning of clinical medicine in a new environment, time spent in Vietnam also offers ample opportunities for immersion in the country’s unique and colorful culture. This aspect of the global health elective has been particularly rewarding for participants. We welcome you to our beautiful country and bustling hospital, and look forward to hosting you.

Many new developments have transpired in the program over the course of 2017, most notably a steadily increasing number of global health participants hosted at Cho Ray Hospital, as well as our own physicians hosted at WCHN.

Our collaboration with the UVMLCOM/WCHN Global Health Program has been mutually beneficial and rewarding. Our physicians return from WCHN with new ideas to improve patient care at Cho Ray Hospital while praising the welcoming educational and professional environment at Danbury and Norwalk Hospitals. Meanwhile, I am proud to say that global health elective participants we have hosted are pleased with the support they received from the International Office and Cho Ray Hospital staff.

I feel rewarded by and pleased with my role in the Global Health Program which gives me the opportunity to interact with considerate, professional people with diverse cultural backgrounds who teach me new things every day. As time passes, I feel more that we are all members of a big family.
KEY DEVELOPMENTS

- Increased number of Vietnamese faculty were hosted at WCHN for training and capacity building toward human resources
- Increased number of participants were hosted at Cho Ray Hospital for the global health elective
- Creation of curriculum materials to standardize the educational experiences

Though we all hear about a time when our parents could walk down the block and play in the street with friends, everyone together outside their homes or businesses, the U.S. now feels less communal and more private. While we do interact with friends or co-workers, few of us simply step outside our homes and join others on their front lawns to talk and eat and play. Although the sheer density of people here in Vietnam is overwhelming at times, it’s nice to see such strength of community. We often watch the little girl who lives at our hotel bounce between store fronts, chatting with everyone who walks or drives past on their motorbikes and playing with anyone who will join her. These kinds of interactions foster a sense of community that would be difficult to find in most U.S. towns or cities today.

Nguyen Huyen Chau, MD

Gastroenterologist, Global Health Scholar from Vietnam

Over the last seven weeks in the Intensive Care Unit and Gastrointestinal Lab, I have been immersed in a space filled to the brim with things for me to learn: cholangioscopy, endoscopic procedures, double balloon endoscopy, single balloon endoscopy, entrosopic ultrasound, endoscopic retrograde cholangio-pancreatography, argon plasma coagulation, interventional hemostatic treatment, and achalasia treatment via endoscopic intervention. I have gained exposure to many diseases uncommon in Vietnam, learned how to monitor outpatients with gastrointestinal and liver diseases, and become well-versed in teamwork. These experiences were all made possible with the support of many generous doctors and fellows.

Isabella Kratzer ’20

This night in the Emergency Department is one that I think about quite often. Its events still burn clearly in my mind – the chaotic environment in the midst of a thunderstorm raging outside, and the stress of knowing we were taking up a physician’s time for teaching when she had endless duties to take care of. In that moment, I felt completely useless. However, I’ll never forget our patient. Her kind and open hearted nature, even in the face of hardship, brought respite to the whole situation. I can never thank her enough for that. I’ll never get to know how she’s doing or even if she’s still alive, but I wish her nothing but peace.

Andrew Pham ’20

Vietnam
Chiratidzo Ellen Nhdlovu, MD
Professor Medicine at University of Zimbabwe College of Health Sciences

My role as supervisor of global health participants has been quite rewarding. Rather than express interest in the “facts” of medical conditions, participants inquire about our various areas of our way of life. It is this “hidden curriculum,” information that cannot easily be found in a textbook, that needs to be discussed with students. For this reason, supervisors need to be resourceful and knowledgeable about their country and its political landscape.

My work in global health has expanded my networks and friendships as well as research and publication opportunities. Global health visitors have donated useful equipment for our university while exposing our students to other cultures, thereby providing experiences that will render them better clinicians and humans. In the future, I hope our college will establish a Global Health Office to help accommodate the growing program.

ZIMBABWE

Dr. Scholand (RT), Tendai Machingaidze (Middle), and Amanda Kardys (Left)

I truly believe that my time in the Global Health Program has made me a better physician. I feel continually inspired by the dedication of the physicians in our partner sites. In Zimbabwe, I met a “retired” physician from the United Kingdom who returned just to teach and practice “real” medicine without the fetters of Western medical practice—certainly a role model for us all going forward.

There is a saying in Shona: “Kungotya nyanga dzezizi, nyamba manhenga.” (“You fear the horns of the owl, meanwhile they are just feathers.”) There is much to fear in the world today with racism and terrorism casting dark shadows across the globe. I applaud and thank the UVM/COM/WCHN Global Health Program for not fearing the horns of the owl, for rising above xenophobia, and for not being deterred from coming to Zimbabwe to learn and work beside us. I hope to see this and other such programs flourish as we seek to improve healthcare for our brothers and sisters around the world.

Tendai Machingaidze
Zimbabwean writer and medical student studying in Russia

Healthcare is universal with many similarities. Patients get sick and there are people who will strive to provide aid, helping these people when they are most afraid. This drive truly transcends our dissimilarities.

Amanda Kardys ‘20

Stephen Scholand, MD
United States Site Director at Cho Ray Hospital, Ho Chi Minh City, Vietnam Global Health Program
One of the most frustrating parts of coming home is noticing how difficult it can be to recognize our own privilege. It’s so easy to get caught up in our own lives without understanding just how lucky we are, or realizing what it means to have nothing. It has been saddening to return home and be faced with the political discourse in this country – to see our own government shutting doors on the populations most in need, both inside and outside our borders.

Sarah King ‘17
AWARDS AND RECOGNITIONS

Molly Moore, Director of Global Health in the Pediatrics Department at UVMLCOM, was awarded the Curriculum Development and Scholarship Grant from the Teaching Academy at the Larner College of Medicine

Majid Sadigh was elected Vice President of International Scientific Council of KSMU

Dr. Stephen Winter, Director of UVMLCOM/WCHN Global Health Program at Norwalk Hospital, received the 2017 Albert Schweitzer Award for Humanitarian Endeavors from the Fairfield County Medical Association

Laura Smith of Danbury Hospital and Moira Barber of Norwalk Hospital received the 2017 Operational Excellence Award from Ross University School of Medicine

INTERNATIONAL CONFERENCES

KSMU 203RD ANNIVERSARY CELEBRATION
May 15

Dean Frederick C. Morin III, congratulatory videotaped speech

Majid Sadigh, “KSMU and UVMLCOM/WCHN Global Health Program”

INTERNATIONAL SCIENTIFIC COUNCIL OF KSMU
May 16

Majid Sadigh “Toward Establishing a Teaching Academy at KSMU”

THE 21ST ANNUAL INTERNATIONAL ASSOCIATION OF MEDICAL SCIENCE EDUCATORS (IAMSE) CONFERENCE
June 10-13 UVMLCOM

Anne Dougherty, Director of the Global Women’s Health Program at the Department of OB/GYN at UVMLCOM, oral presentation “Pre-Departure Training for Global Health Electives in US Medical Schools”

Michelle Mertz, Mariah McNamara, and Cate Nicholas, poster presentation “Teaching Medical Students About Human Trafficking Through the Use of Standardized Patients”

Molly Moore, Director of Global Health in the Department of Pediatrics at UVMLCOM, poster presentation “The Development of a Global Health Track”

ADVANCED MEDICAL TECHNOLOGY EDUCATION CENTER (AMTEC)
August 18-19, Kazan, Russia

The Second International Congress for Young Scientists in Medicine in Kazan

Majid Sadigh, received a recognition award from AMTEC KAZAN, an education center for medical technology, at the second International Congress for Young Scientists in Medicine in which he participated as an expert and speaker.

THE JOINT ANNUAL SCIENTIFIC HEALTH (JASH) CONFERENCE AND DR. MATTHEW LUKWIYA MEMORIAL LECTURE
September 27-29, Kampala, Uganda

Majid Sadigh; Keynote Speech; “The Elements of Effective Partnership”

Majid Sadigh: “Ethical Challenges in Clinical Global Health Electives”
CONSORTIUM OF UNIVERSITIES FOR GLOBAL HEALTH

April 7-9

Majid Sadigh, “The Philosophy Behind Developing an Equitable Partnerships” on the panel “Building Ethical and Effective Partnerships Between Institutions in Low- and Middle- Income Countries (LICs) and High- Income Countries (HMICs).”


Mitra Sadigh, poster presentation “Creating a Bidirectional Culture of Safety in Global Health Electives Via Comprehensive Safety Protocols”

GLOBAL HEALTH DAY

April 24-25

Special Awards Recipients:
Bryce Bludevich, UVMLCOM ’17, Beth Kirkpatrick Citizen of the World Award
Andrea Green, MD, Patricia O’Brien Global Health Leadership and Humanitarian Award

Photo Award Recipients:
Originality: Rafael Khalitov, MD, Global Health Scholar from Russia
Composition: Bryce Bludevich, UVMLCOM Class of 2017
Impact: Deyanna Boston, AUC Class of 2017

Reflections Award Recipients:
Imelda Muller, UVMLCOM ’17, “Kaleidoscope”
Mitra Sadigh, Writer/Editor at UVMLCOM/WCHN Global Health Program, “Jebaleko”
Janel Martir, UVMCOM ’17, “Olumwa: The Dangers of Complacency in Global Health”

BELSKY RESEARCH DAY

May 10

Poster Presentation
PUBLICATIONS AND EDUCATIONAL EVENTS

Publications

Site-Specific Safety Protocols for Dominican Republic, Russia, Uganda, Vietnam, Zimbabwe

Global Health Participant Guides for Dominican Republic, Russia, Uganda, Vietnam, Zimbabwe

Reflections and Photos Booklet, Volume 2

2016 Annual Report

Tropical Medicine 202

Cases and Reflections from Mulago Hospital

Peer-Reviewed Publications


Fidel Rubagumya, Molly Moore, et al; Outcomes of Low Intensity Treatment of Acute Lymphocytic Leukemia at Butaro Cancer Center of Excellence in Rwanda; Journal of Global Oncology; 2017


Global Health Educational Events

January 9: Tobey Audcent, Assistant Professor Department of Pediatrics, University of Ottawa, “Caring for Refugees,” Family Medicine Grand Rounds, UVMLCOM

February 15: Kaveh Khoshnood, Associate Professor Yale University, “Ethical Issues in Global Health Research,” Global Health Evening, Norwalk Hospital

April 3: Michelle Dorwart, Family Medicine specialist, “Social Determinants of Health With Examples From the US, Zimbabwe, and Tanzania”, UVMLCOM

April 9: Mariah McNamara, Assistant Professor of Surgery and Associate Director of Global Health at UVMLCOM, “The Intersection of Global Health and Medical Education,” Global Health Medical Grand Rounds, Danbury Hospital

April 12th: Julia Varughese, Clinical Director at AmeriCares, “Fighting Cholera in Haiti: The Anatomy of a Disaster Response,” Global Health Evening, Norwalk Hospital

April 13: Majid Sadigh and Bulat Ziganshin, “Capacity Building in Uganda, Liberia and Russia,” Yale School of Public Health

April 17: Molly Anderson, Professor of Food Study, “People-Based Policy and Monitoring, the Right to Food,” Family Medicine Grand Rounds, UVMLCOM

May 5: Majid Sadigh, “Schistosoma,” Noon Conference, Danbury Hospital Department of Medicine

May 12: Majid Sadigh, “Global Health Program, WCHN Model”, Yale-Affiliate Hospitals Annual Retreat

June 2: Majid Sadigh, “Hydatid Cysts,” Noon Conference, Danbury Hospital Department of Medicine
June 5: Julia Varughese, Clinical Director at AmeriCares, “Infectious Diarrheas,” Noon Conference, Norwalk Hospital Department of Medicine

June 23: Majid Sadigh, “Global Health Program at WCHN,” Annual House Staff Orientation Program, Danbury Hospital

June 26: Majid Sadigh, “The Structure and Function of the UVMLCOM/WCHN Global Health Program,” Medical Executive Committee, Danbury Hospital

August 11: Global Health Leadership, “Global Health Program at UVMLCOM”, Global Health Student Interest Group Fair for the first-year UVMLCOM Orientation Day

September 7: Global Health Leadership, “Global Health Elective”, Student Information Session, UVMLCOM

September 7: Mariah McNamara, Assistant Professor of Surgery and Associate Director of Global Health at UVMLCOM, “Global Health Elective Opportunities at UVMLCOM,” first-year medical students, UVMLCOM

September 7: Anne Dougherty, Director of Global Women’s Health Program at the Department of OB/GYN at UVMLCOM, Case-Based Discussion, teleconference between the OB/GYN departments of MakCHS and UVMLCOM

September 26: Stephen Winter, Director of UVMLCOM/WCHN Global Health Program at Norwalk Hospital, “The Structure and Function of the WCHN Global Health Program and Health Care in Amazon” Noon Conference, Norwalk Hospital Department of Medicine

September 26: Mitra Sadigh, Writer/Editor at UVMLCOM/WCHN Global Health Program, “The Retention of ACCESS Nursing Assistant Graduates in Rural Uganda,” Global Health Evening, Danbury Hospital

October 9: Stephen Winter, Director of UVMLCOM/WCHN Global Health Program at Norwalk Hospital, “Ethical Dilemmas in Global Health” Norwalk Hospital Department of Medicine

October 23: Mariah McNamara, Assistant Professor of Surgery and Associate Director of Global Health at UVMLCOM, The Emergency Department Journal Club, UVMLCOM

November 1: Majid Sadigh and Lauri Lennon, “Update on WCHN Global Health Program,” WCHN Foundation Major Gift Team, Danbury Hospital

November 6: Linus Chuang, Chairman of OB/GYN at WCHN, “Honduras,” OB/GYN Grand Rounds, Danbury Hospital

November 7: Majid Sadigh, “Pre-departure orientation session, Uganda,” Sacred Heart University

November 7: Neel Thussu, PG2 Department of Medicine Norwalk Hospital, “Schistosomiasis”, Norwalk Hospital Department of Medicine

November 9: Mark Bisanzo, Heather Hamerstedt, Tom Neill, and Brad Dreifuss, “Global Health Emergency Care Collaborative Discussion,” UVMLCOM

November 10: Bulat Ziganshin, Director of Global Health Program at WCHN/AUC/RUSM, “Global Health Elective for Fourth-Year Medical Students from AUC and RUSM,” Danbury Hospital

November 11: Timothy M. Johnson, M.D., Senior Associate Dean at University of Michigan “Global Health Ethics,” OB/GYN Grand Rounds, UVMLCOM

November 11: Mariah McNamara, Assistant Professor of Surgery and Associate Director of Global Health at UVMLCOM, “Finding My Way in Global Health,” Saint Michael’s College, Burlington, VT

November 20-22: Global Health Bridge, UVMLCOM

November 29: Andrea Green, Associate Professor Department of Pediatrics, “Strategies to Improve Health Literacy for Diverse and Underserved Populations,” Pediatrics Grand Rounds, UVMLCOM

December 14: Robyn Scatena, Associate Director of Global Health Program at Norwalk Hospital, “Cysticercosis and Leishmaniasis” Norwalk Hospital Department of Medicine

On October 29th, 2017, a fundraiser was held at the home of Jay and Patricia Weiner in Danbury, Connecticut in support of UVMLCOM’s Global Women’s Health Program’s initiative to provide contraceptives to women in rural Uganda during the critical period following delivery. The event, with sixty attendees raising $6200, featured a concert with works by Beethoven, Brahms, and Debussy.

participants learn firsthand how to save lives and alleviate suffering despite limited access to basic necessities, medications, supplies and diagnostic equipment – something we often take for granted

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